## WCGSL Covid-19 Guidelines

We ask all coaches, parents, players, and visitors to the park to strictly adhere to the following guidelines.

PARENTS, NEED TO CHECK YOUR PLAYER/PLAYERS FOR SYMPTOMS OF COVID-19 AND FEVER BEFORE EACH ARRIVAL TO THE PARK.

Any player, coach, umpire, etc. should refrain from participating and any parent, spectators, etc. should refrain from attending any league activities. (Ie: practice, games, etc.) If they are experiencing any of established COVID-19, \* Per the CDC, symptoms include cough, shortness of breath, difficulty breathing, fever [100.4 degrees or higher], chills, repeated shaking with chills, muscle pain, headaches, sore throat, and new loss of taste or smell or have been in contact with someone with COVID-19 in the last 14 days.

We ask spectators to be limited at games to minimize the exposure risk to spectators by limiting attendance, all spectators should bring their chairs or stand during the games and must adhere to the six-foot social distancing practices between different household members. Bleachers will be available for player distancing in addition to the dugouts and the bleachers will not be available for public use during the season. **NO** spectator seating or standing is allowed in the area behind the home plate/backstop, bleachers, and **DUGOUT AREAS**, **THIS INCLUDES STANDING AT DUGOUTS AREAS** and setting within 6 feet of the concreted area around the concession stand. YOU WILL BE ASKED TO RELOCATE IF WE FILL YOU VIOLATE THIS.

All coaches must keep an accurate record of coaches and players that attend practice and games.

Activities that increase the risk of exposure to saliva are **PROHIBITED** in dugouts, player areas, concession stand areas, or on the playing fields. This includes chewing gum, spitting, and eating sunflower seeds, etc.

Drinks should be labeled with the person's name. We ask for players to keep their drinks in their bat bags or with their parents.

We will follow CDC guidelines for face masks and other face coverings when appropriate and possible.

We ask that you not use the dugouts during practice unless the weather is an issue. Please have the girl place their equipment bags along the fence [at a pole] spaced six feet apart from one another in the grass area.

For practice please enter and exit the field through the opening in the outfield fence.

Teams shall only practice in their designated areas at designated times

We recommend at practice/games when in the dugouts, players, including coaches, who are not actively engaged in physically demanding activities should wear a mask or other face-covering when unable to observe the <u>six-foot social</u> <u>distancing practices</u>

Players who choose to wear face-covering during practice and games may do so.

Players and coaches should take measures to prevent all but the essential contact necessary to practice and play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. If the six-foot social distancing practices cannot be maintained face-covering or mask should be used.

Whenever possible, equipment and other personal items should be separated and not shared. If equipment must be shared, equipment should be properly disinfected between users.

We encourage coaches and players to use hand sanitizer to clean hands between innings and disinfect any shared playing equipment.

Each team is to clean their dugout and bleacher area of all trash and other items after each practice/game.

If there is a PRACTICE/GAME following your PRACTICE/GAME please refrain from having a team meeting, so you can exit the field promptly, so the next team may enter with no contact. Remember to practice <u>six-foot social distancing practices</u> during a team meeting. No team shall enter the FIELD, DUGOUT, OR PLAYER'S AREA, till the other team has vacated the area to be occupied. Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their PRACTICE/GAME to minimize unnecessary contact with players, coaches, and spectators from the next PRACTICE/GAME, ideally within 15 minutes

Foul balls landing outside the field of play should be retrieved by participating players, and coaches of the defensive team using the ball. No spectators should retrieve the ball.

REMEMBER TO WASH HANDS AND AVOID TOUCHING FACES AT ALL TIMES AND PRACTICE SIX-FOOT SOCIAL DISTANCING.

If you have any questions, concerns, or need clarification about what is contained in these guidelines, feel free to contact us at info@wcgsl.com